

DARING GREATLY™

A Workshop With Your People



For the first time, In Process Counseling is offering our Daring Greatly™ workshop to you and your people together! Rather than setting up an event that individuals attend with strangers (with its benefits and drawbacks), **we want to help you lean into the work of investing in your relationships.**

"VULNERABILITY IS THE
BIRTHPLACE OF LOVE,
BELONGING, JOY,
COURAGE, EMPATHY,
ACCOUNTABILITY,
AND AUTHENTICITY."

BRENÉ BROWN

When we examine and own our stories, we open up opportunity for building new understanding and skills in our relationships. Give yourself and your people the gift of time together to explore new ideas, gain shared language, build insight, and increase health in your relationships. **Workshops can be customized** - select from topics like courage, vulnerability, values, elements of trust, empathy, shame, shame resilience, boundaries, integrity, generosity, grief, forgiveness, anxiety, criticism, and ways we offload hurt.

1

GATHER YOUR PEOPLE

Groups of 3-8 people can be accommodated online or in person (your space or ours) - family, friends, or another established group of some kind.

2

SCHEDULE THE WORKSHOP

Work with us to pick a workshop date, time, and number of sessions that work for you.

1 Session (3 hours) or
2 Sessions (1.5 hours)

3

INVEST TOGETHER

Purchase the group session for \$400 and then split the cost.

4 ways - \$100 / Person
5 ways - \$80 / Person
6 ways - \$67 / Person
7 ways - \$57 / Person

4

ATTEND ONLINE OR IN PERSON

Workshop offered by
In Process Counseling

Facilitated by
Rochelle Matthews
Stoltzfus, LPC, CDWF



CONTACT US FOR QUESTIONS OR REGISTRATION:

Call 717-322-4474 or Visit www.InProcessCounselingLLC.com