

Virtual EMDR Consultation Groups

For EMDRIA Certification or Professional Development



Learning and implementing new psychotherapy theories can feel daunting. When we are engaging with clients and their trauma, it can feel more intense. I am passionate about therapy in general and EMDR in particular, and get excited by

opportunities to both learn and teach. Whether you are looking to become certified through EMDRIA or wanting to build your clinical skills and confidence to better serve your clients, I would love to work with you to help make this process feel more manageable and less confusing.

In addition to my extensive EMDR training, I have 10+ days in training on IFS-Informed EMDR through both the Syzygy Institute and Dr. Kendhal Hart (both offer trainings I would recommend to those seeking to build skills in integrating these two models).

IFS-Informed EMDR CONSULTATION GROUPS: Time is used to present clinical cases, conceptualize with the EMDR model, explore the application of IFS-Informed EMDR, and answer questions. Prerequisite: Completion of an EMDR Basic Training. Maximum of 8 people per group.

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SELECT 1-2 GROUPS

ADVANCED GROUP*

1st Thursday of Month
9-10am

NOVICE GROUP*

3rd Tuesday of Month
4-5pm

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CONTACT US

For questions or
registration email

Rochelle@
InProcessCounseling
LLC.com

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INVEST

\$50 / Hour

(50% discount for
EMDR Certified
Therapists seeking
continued learning
without credit)

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ATTEND WITH

Rochelle Matthews
Stoltzfus, LPC, CDWF

EMDR Certified &
Approved Consultant

*(Individual Consultation
also available)*

** Advanced & Novice designation suggested; if available,
preferred time can be selected regardless of experience.*

www.InProcessCounselingLLC.com

